

# Asian Gymnastics Union



## 7th AEROBIC GYMNASTICS ASIAN CHAMPIONSHIPS

Pattaya (THA) - 3rd-5th September 2022



17051

### PODIUM TRAINING SESSION - Senior category

Date: September 2nd, 2022

version: 30/8/2022

Subject to change after accreditation

Group Nr	Federations							Units	General Warm-up 30"		Tranfert 5'	Aerobic floor without music 30"		Floor	Transfer to Podium	Floor Competition hall	
1	THA	6						6	14:20:00	14:50:00	14:50:00	14:55:00	15:25:00	2, 3, 4	15:25:00	15:30:00	15:45:00
2	VIE	7						7	14:35:00	15:05:00	15:05:00	15:10:00	15:40:00	2, 3, 4	15:40:00	15:45:00	16:02:30
3	CAM	4	INA	2				6	14:52:30	15:22:30	15:22:30	15:27:30	15:57:30	2, 3, 4	15:57:30	16:02:30	16:17:30
4	HKG	2	MGL	3	JPN	1		6	15:07:30	15:37:30	15:37:30	15:42:30	16:12:30	2, 3, 4	16:12:30	16:17:30	16:32:30
5	KOR	8						8	15:22:30	15:52:30	15:52:30	15:57:30	16:27:30	2, 3, 4	16:27:30	16:32:30	16:52:30
6	IND	8						8	15:42:30	16:12:30	16:12:30	16:17:30	16:47:30	2, 3, 4	16:47:30	16:52:30	17:12:30